HOW YOU CAN HELP

1. Pick an item(s) from the list.
2. Collect as many of that item(s) as possible.
3. Give us a call and we’ll come get them!

CFBOC EASY SHOPPING LIST

----- NO GLASS CONTAINERS -----

**Breakfast**
- Cereal (12 oz)
- Fruit Bars
- Breakfast Bars
- Pop-Tarts
- Instant Oatmeal

**Lunch**
- Canned Chicken
- Canned Tuna
- Peanut Butter
- Jelly (no glass jars)
- Dry Fruit Snacks

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www.CFBOC.org